



Contact Matt Boniwell for more detailed info about all of our classes
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Timetable

	Carrigaline CETNS, Kilnageary	Kinsale Temperance Hall	Ballinspittle Community Hall
Kids (5-8)	Tuesdays 6-7pm	Wednesdays 6-7 pm	Thursdays 5-6 pm
Kids (9-12)	Tuesdays 6-7 pm	Wednesdays 7-8 pm	Thursdays 6-7 pm
Teens (13-18)	Tuesdays 7-8:30 pm	Wednesdays 8-9:30 pm	Thursdays 7-8:30 pm
Adults	Tuesdays 7-8:30 pm	Wednesdays 8-9:30 pm	Thursdays 7-8:30 pm
Ladies Only	Fridays Ballinspittle 9:45-11:15 am		
Master Class	Saturdays Ballinspittle 7-9:30 am		
Traditional Weapons	Sundays Ballinspittle 11:30-12:30 pm		
Black Belts	Sundays Ballinspittle 12:30-2 pm		

**Look Out!!
Korean Archery
announcements
in classes and
on facebook**